

***Emotional Health  
New or Past History of Mental Illness<sup>1</sup>***

***Major Mental Health Disorders***

- Mood disorders
- Psychotic disorders
- Anxiety disorders
- Sleep disorders
- Personality disorders
- Substance/alcohol use disorder

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<sup>1</sup> Adapted from P.I.E.C.E.S Consult Group [www.piecescanada.com](http://www.piecescanada.com)