

## Depression Screening Tools<sup>1</sup>

Dementia Screening Tools	Brief Description or Comments
<b><i>Screening tools for persons with minor cognitive loss or early stage dementia</i></b>	
SIGECAPS  Source: CCSMH Depression Guidelines 2010. p 10, 19, and 22	<ul style="list-style-type: none"> <li>• <b>S</b>leep disturbance</li> <li>• Loss of <b>I</b>nterest</li> <li>• Inappropriate or excessive feelings of <b>G</b>uilt</li> <li>• Decreased <b>E</b>nergy and increased fatigue</li> <li>• Diminished ability to think or <b>C</b>oncentrate</li> <li>• <b>A</b>ppetite change</li> <li>• <b>P</b>sycomotor agitation or retardation</li> <li>• <b>S</b>uicidal ideation</li> </ul>
Geriatric Depression Scale – short form (15 questions)	<ul style="list-style-type: none"> <li>• <u>Link</u> provides access to tool in multiple languages: <a href="http://www.stanford.edu/~yesavage/GDS.html">http://www.stanford.edu/~yesavage/GDS.html</a> .</li> <li>• <b>Score Range is 0-15.</b> A score &gt; 5 points is suggestive of depression and warrants a follow-up interview. Scores &gt; 10 are almost always depression.</li> </ul>
PHQ-9	<u>Link:</u> <a href="https://www2.gov.bc.ca/assets/gov/health/practitioner-pro/bc-guidelines/depression_patient_health_questionnaire.pdf">https://www2.gov.bc.ca/assets/gov/health/practitioner-pro/bc-guidelines/depression_patient_health_questionnaire.pdf</a> <ul style="list-style-type: none"> <li>• <b>Score Range is 0-27.</b> A score of &gt;5 is suggestive of a potential mild major depressive disorder.</li> </ul>
<b><i>Screening Tools for Persons with advanced cognitive impairment</i></b>	
Cornell Assessment Scale for Depression in Dementia	Informant-based tool (someone who knows person well) <u>Link:</u> <a href="http://img.medscape.com/pi/emed/ckb/psychiatry/285911-1335300-1356106-1392041.pdf">http://img.medscape.com/pi/emed/ckb/psychiatry/285911-1335300-1356106-1392041.pdf</a> <ul style="list-style-type: none"> <li>• <b>Score Range is 0-38.</b> A score &gt;10 indicates a potential major depressive episode, while a score &gt;18 is definite for major depressive episode.</li> </ul>
RAI-2.0 Depression Rating Scale (Outcome Score)	This scale can be used as a clinical screen for depression. Validated against the <i>Hamilton Depression Rating Scale</i> (HDRS), the <i>Cornell Scale for Depression in Dementia</i> (CSDD) and the <i>Calgary Depression Scale</i> (CDS). <ul style="list-style-type: none"> <li>• <b>Score Range is 0–14.</b> A score of 3 or more may indicate a potential or actual problem with depression.</li> </ul>

<sup>1</sup>**Note:** Choose a depression screening tool based on the remaining cognitive abilities of the person to be screened. Any positive screen should be followed up by a medical assessment and appropriate interventions.