

Depression Screening Tools¹

| Dementia Screening Tools | Brief Description or Comments |
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| <i>Screening Tools for Persons with minor cognitive loss or early stage dementia</i> | |
| SIGeCAPS Source: CCSMH Depression Guidelines 2010. p 10, 19, and 22 | <ul style="list-style-type: none"> • Sleep disturbance • Loss of Interest • Inappropriate or excessive feelings of Guilt • Decreased Energy and increased fatigue • Diminished ability to think or Concentrate • Appetite change • Psychomotor agitation or retardation • Suicidal ideation |
| Geriatric Depression Scale – short form (15 questions) | <ul style="list-style-type: none"> • Link provides access to tool in multiple languages: http://www.stanford.edu/~yesavage/GDS.html . • Score Range is 0-15. A score > 5 points is suggestive of depression and warrants a follow-up interview. Scores > 10 are almost always depression. |
| PHQ-9 | Link: http://www.saskatoonhealthregion.ca/your_health/documents/PHQ9PatientHealthQuestionnaireforDepression.pdf <ul style="list-style-type: none"> • Score Range is 0-27. A score of >5 is suggestive of a potential mild major depressive disorder. |
| <i>Screening Tools for Persons with advanced cognitive impairment</i> | |
| Cornell Assessment Scale for Depression in Dementia | Informant-based tool (someone who knows person well) Link: http://img.medscape.com/pi/emed/ckb/psychiatry/285911-1335300-1356106-1392041.pdf <ul style="list-style-type: none"> • Score Range is 0-38. A score >10 indicates a potential major depressive episode, while a score >18 is definite for major depressive episode. |
| RAI-2.0 Depression Rating Scale (Outcome Score) | This scale can be used as a clinical screen for depression. Validated against the <i>Hamilton Depression Rating Scale (HDRS)</i> , the <i>Cornell Scale for Depression in Dementia (CSDD)</i> and the <i>Calgary Depression Scale (CDS)</i> . <ul style="list-style-type: none"> • Score Range is 0–14. A score of 3 or more may indicate a potential or actual problem with depression. |

¹**Note:** Choose a depression screening tool based on the remaining cognitive abilities of the person to be screened. Any positive screen should be followed up by a medical assessment and appropriate interventions.